Providing integrated, holistic services that help students to be healthy, be mindful, be active, be well, BE IOWA STATE.

UNIT IMPACT FISCAL YEAR 2023

1,273,387 TOTAL POINTS OF CONTACT

407 EVENTS

60,011 PARTICIPANTS

77% COLLECTIVE STUDENT REACH

RECREATION SERVICES

STUDENT WELLNESS

IMPACT
Facility Visits............................................. 884,212
Group Fitness Participants..................... 24,104
Personal Training Sessions................... 1,707
Intramural Participants......................... 8,469
Sport Club Participants.......................... 1,708
Climbing Wall Visits............................... 6,008
Student Employees................................. 544

IMPACT
Peer to Peer Student Reach...................... 7,818
Wellbeing Coaching Sessions.................. 246
Green Dot Participants.......................... 14,618
Nutrition Sessions................................. 283
Food Insecurity
SHOP Food Pantry Visitors..................... 13,016
Pounds of Food..................................... 147,716
Collegiate Recovery Attendance.............. 271
Safer Sex Item Distribution................ 45,811
Campus-wide Wellbeing Initiatives......... 82
Screening and Brief Intervention........... 1,649

UNIQUE STUDENT REACH.................63.10%

PATRON SATISFACTION...............97%

STUDENT COUNSELING SERVICES

THIELEN STUDENT HEALTH CENTER

IMPACT
Total Visits............................................ 7,352
Initial Appointments............................ 1,450
Individual Clinical Services............... 3,975
Crisis Sessions................................. 207
Group Services................................ 915
Workshop Attendees......................... 173
Event and Class Outreach.................. 4,406
VCG Telecounseling Enrollments........ 2,166

IMPACT
Total Patient Visits......................... 34,196
Primary Care Visits............................ 21,907
Mental Health Visits......................... 3,735
Nurse Visits..................................... 4,362
Physical Therapy Visits.................. 4,084
Pharmacy Immunizations................. 108
Lab Tests.......................................... 196,533
Radiology Exams................................ 1,545
Prescriptions Filled......................... 30,559
Sliding Fee Adjustments................. 7,949
Phone Calls Answered.................... 36,927

UNIQUE STUDENT REACH............14.73%

CLIENT SATISFACTION.........90%

UNIQUE STUDENT REACH..............34.86%

PATIENT SATISFACTION...........93%