Providing integrated, holistic services that help students to be healthy, be mindful, be active, be well, BE IOWA STATE.

**SERVICES**
- Facilities
- Fitness Classes
- Intramural Sports
- Outdoor Recreation Program
- Sport Clubs

**IMPACT**
- Facility Visits: 447,068
- Group Fitness Participants: 2,790
- Intramural Participants: 4,458
- Outdoor Recreation Participants: 999

**UNIQUE STUDENT REACH**: 50.5%
**PATRON SATISFACTION**: 95%

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**STUDENT WELLNESS**

**SERVICES**
- Peer to Peer Programs
- Power Based Violence Prevention (Green Dot)
- Collegiate Recovery Community
- Substance Use Prevention
- Suicide Prevention/Mental Health Promotion
- Dietitian/Joyful Eating Services
- Holistic Wellness Programs and Outreach
- Food Insecurity
- Sexual Health Promotion
- Screening and Brief Intervention Strategies

**IMPACT**
- Peer to Peer Student Reach: 29,323
- Green Dot Participants: 6,533
- Nutrition Sessions: 200
- Food Insecurity
  - SHOP Food Pantry Visitors: 1,426
  - Pounds of Food: 18,009
- Collegiate Recovery Meetings/Attendance: 258
- Safer Sex Item Distribution: 20,725
- Screening and Brief Intervention: 1,798

**UNIQUE STUDENT REACH**: 32.9%

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**STUDENT COUNSELING SERVICES**

**SERVICES**
- Workshops
- Group Counseling
- Couples Counseling
- Individual Counseling
- Career Counseling
- Crisis Counseling
- Biofeedback
- Embedded Counselors
- RESPOND Training

**IMPACT**
- Total Visits: 8,342
- Access Appointments: 1,622
- Clinical Services: 5,003
- Crisis Sessions: 203
- Group Services: 1,514

**UNIQUE STUDENT REACH**: 3.4%
**CLIENT SATISFACTION**: 4.58/5.0

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**THIELEN STUDENT HEALTH CENTER**

**SERVICES**
- Illness, Injury Care and Physical Exams
- Chronic or Ongoing Medical Conditions
- Lab and Radiology Services
- Mental Health Services
- Sexual and Reproductive Health
- Allergy and Travel Clinic
- Pharmacy
- Physical Therapy

**IMPACT**
- Total Patient Visits: 34,197
- Primary Care Visits: 23,346
- Mental Health Visits: 4,676
- Nurse Visits: 2,798
- Physical Therapy Visits: 3,386
- Lab Tests: 195,801
- Radiology Exams: 7,556
- Prescriptions Filled: 25,694
- Patient Portal Enrollments: 598
- Sliding Fee Adjustments: $8,445
- Phone Calls Answered: 1,140

**UNIQUE STUDENT REACH**: 80.26% of student body

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**DIVISION OF STUDENT AFFAIRS**

CYCLONEHEALTH.ORG

11/21
“It’s about the people and will always be about the people at Iowa State,” President Wendy Wintersteen said. “So many people came together and performed at an extraordinary level, and they did so for their love of the university, their care for each other and the collaborative culture we have at Iowa State.”

FISCAL YEAR 2021

**STUDENT HEALTH AND WELLNESS COVID-19 RESPONSE**

**COVID TESTING**
- Faculty ................................................................................................................................. 421
- Staff ...................................................................................................................................... 1,840
- Students .................................................................................................................................. 18,718
- Total Unique Users who utilized COVID testing ................................................................. 20,979 (50.05%)
- Total COVID Tests .................................................................................................................. 59,474

**MOVE-IN TESTING**
- Number of Days .................................................................................................................... 12
- Number Volunteers .................................................................................................................. 176
- Number of Tests ..................................................................................................................... 8,094
- Noses Swabbed per Hour ..................................................................................................... 72
- Transports to Veterinary Diagnostic Lab ............................................................................... 1,083
- Biohazard Pickups .................................................................................................................. 216
- Gloves ..................................................................................................................................... 16,000
- Gowns and Masks .................................................................................................................... 400
- Derecho .................................................................................................................................... 1

**CASE INVESTIGATION**
- University employees trained ............................................................................................. 131
- Case investigations completed ............................................................................................. 4,012
- Hours logged .......................................................................................................................... 2,006
- Investigations completed for positive cases ......................................................................... 99.1%

**CONTACT TRACING**
- Close contacts recorded ........................................................................................................ 6,500
- Masked community contacts recorded ............................................................................... 375
- Hours logged .......................................................................................................................... 1,083

**QUARANTINE AND ISOLATION**
- Utilized Linden Hall (Isolation) ............................................................................................ 272
- Utilized Oak-Elm (Quarantine) .............................................................................................. 268

**VACCINE CLINICS**
- Faculty and Staff Vaccinated ............................................................................................... 913
- Students Vaccinated .............................................................................................................. 5,899
- Total Vaccinated ................................................................................................................... 6,812 (16.25%)
- Number of Support Staff ..................................................................................................... 543

**OTHER**
- Study abroad students returned .......................................................................................... 395
- “Keep Community, Stay Informed, Be Well” initiative student interactions ....................... 65,000
- Website visits to University COVID-19 Safety page .......................................................... 150,841

**Website visits to University COVID-19 Safety page**

**Study abroad students returned**

**“Keep Community, Stay Informed, Be Well” initiative student interactions**

**Website visits to University COVID-19 Safety page**