Green Dot Action Month

Toolkit

What to do:

- 1) With your group/office, choose a proactive Green Dot that you can complete or start together during October. If you've participated in Green Dot Action Month in the past, be sure to pick something new to add onto the work you've already started!
- 2) Execute your Green Dot (check out the helpful resources hyperlinked below), pick a day for your group/office to all wear green, snap a picture, and post it using #GreenDotActionMonth
- 3) Look for an email at the end of the month and let us know what you did!

With your group, pick a proactive Green Dot from one or more of the categories below!

Learn

- Host an <u>overview training</u> during staff meeting and talk about the importance of bystander intervention in our community
- Host a booster session to refresh and reengage
- Educate staff about signs of potential partner violence, sexual assault, and stalking
- Host an overview or booster specifically for your student workers.

Embed

- Incorporate Green Dot and power-based personal violence into routine <u>professional development work</u> (ex: discussions in staff meetings, book club, etc.)
- Put together a <u>resource list</u> for staff so they can make referrals during or after Red Dot situations.
- <u>Volunteer</u> your time with the Green Dot, survivor services, or prevention awareness program at Iowa State or in Ames.
- Incorporate Green Dot into your <u>departmental handbook</u> to make the culture of violence prevention an expectation.

Promote

- Have each faculty/staff member include information in their e-mail signature about Green Dot.
- Have each faculty/staff member include information in their out-of-office reply about Green Dot.
- Send a <u>mass email</u> to your contact list with a simple message like: "Campus safety is important to me. I'm going to do my part to prevent sexual assault, partner violence, and stalking on our campus."
- Pick up Green Dot stickers or buttons from the <u>Student Wellness</u> office then them on personal items like laptop bags, purses, or computers.
- Encourage another department or unit to request a Green Dot Overview or Booster.
- Incentivize staff/student attendance at Green Dot trainings.
- Write a testimonial about how Green Dot has impacted you, your office, and/or the school culture and send it to Brain Vanderheyden a brianvl@iastate.edu